DocTap Health Pulse August 2026

Mental health overtakes skin concerns in DocTap’s summer GP consultations

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Mental health and wellbeing was the most commonly recorded concern group in DocTap’s GP consultations this summer, overtaking skin concerns. It featured in 16.9% of consultations included in the analysis, compared with 14.7% in summer 2025. Anxiety, sleep concerns and fatigue also appeared in a higher proportion of consultations than a year earlier.

This August edition of DocTap Health Pulse compares June–August 2026 with the same months of 2025, alongside the latest monthly figures.

Based on 1,557 included GP appointments in August 2026. Appointments, not unique people or confirmed diagnoses; categories overlap.

Key findings

Mental health overtakes skin concerns

Mental health and wellbeing featured in 16.9% of analysed consultations in summer 2026, up from 14.7% a year earlier—a rise of 2.2 percentage points. It overtook skin as the most commonly recorded concern group. Anxiety appeared in 12.6% of consultations, compared with 10.2% last summer.

Sleep concerns take a larger share of consultations

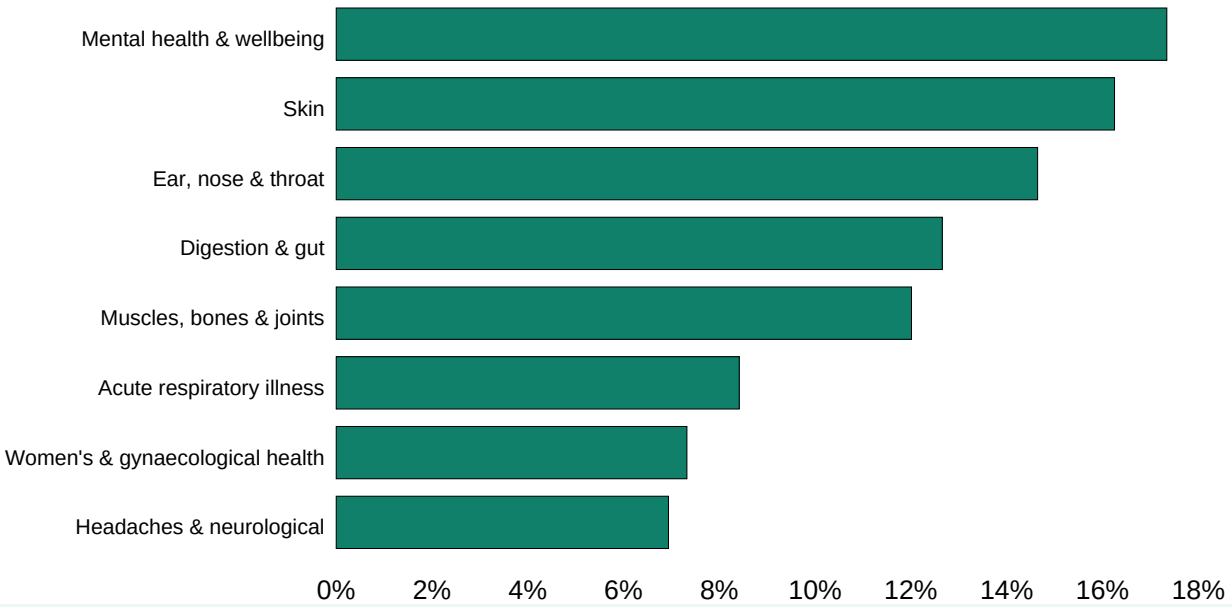
Insomnia and other non-respiratory sleep concerns appeared in 4.1% of analysed consultations this summer, compared with 2.7% in summer 2025. In August, the share was 4.4%. These figures include assessment and follow-up care.

Fatigue appears more often than last summer

Fatigue and tiredness without a more specific assigned cause appeared in 3.5% of analysed consultations in summer 2026, compared with 2.5% a year earlier. The comparison describes recorded concerns and does not establish why the difference occurred.

The monthly picture

Share of included appointments in August 2026. Groups overlap and must not be added together.

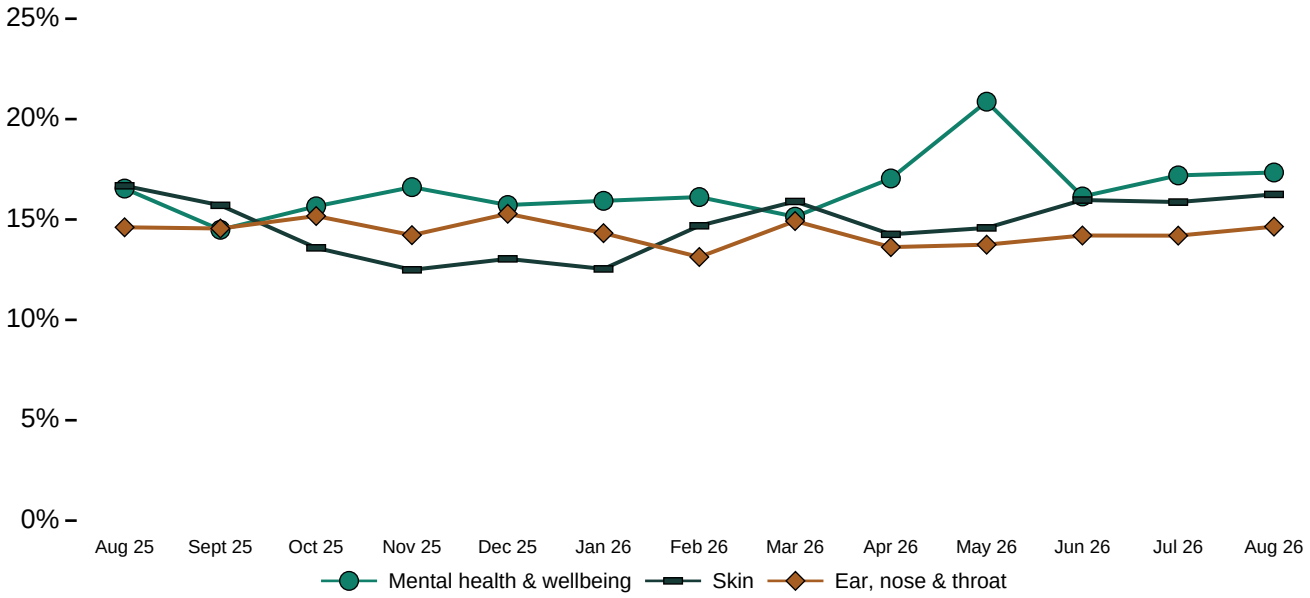


Concern	Share of appointments	Exact count
Mental health & wellbeing	17.3%	270
Skin	16.2%	253
Ear, nose & throat	14.6%	228
Digestion & gut	12.7%	197
Muscles, bones & joints	12.0%	187
Acute respiratory illness	8.4%	131
Women's & gynaecological health	7.3%	114
Headaches & neurological	6.9%	108
Tiredness & general symptoms	6.2%	97
Urinary & kidney	6.2%	96
Heart, blood pressure & circulation	5.7%	88
Men's & urogenital health	4.3%	67
Sexual health	4.2%	66

Concern	Share of appointments	Exact count
Lung & breathing	3.0%	46
Eye & vision	2.8%	43
Hair & nails	1.7%	27
Wound care	1.5%	23
Mouth & dental	1.3%	20
Hormones, diabetes & thyroid	1.2%	18
Other	1.2%	18
Allergies	1.1%	17
Weight management	0.8%	13

Monthly history

Exact shares for the selected overview groups. Missing months are unavailable, never zero.



Month	Mental health & wellbeing	Skin	Ear, nose & throat
August 2025	16.5%	16.7%	14.6%
September 2025	14.5%	15.7%	14.6%
October 2025	15.7%	13.6%	15.2%

Month	Mental health & wellbeing	Skin	Ear, nose & throat
November 2025	16.6%	12.5%	14.2%
December 2025	15.7%	13.0%	15.3%
January 2026	15.9%	12.5%	14.3%
February 2026	16.1%	14.7%	13.1%
March 2026	15.1%	15.9%	14.9%
April 2026	17.0%	14.3%	13.6%
May 2026	20.9%	14.6%	13.7%
June 2026	16.1%	16.0%	14.2%
July 2026	17.2%	15.9%	14.2%
August 2026	17.3%	16.2%	14.6%

About the data

These figures describe completed DocTap clinic and remote GP appointments addressing new concerns or follow-up reviews. They describe recorded appointment activity, not illness across the UK or confirmed disease incidence. Repeat visits can represent the same person.

Routine repeat-medication, results-discussion, paperwork and preventive-only records are excluded. Appointments are grouped by their date in the UK calendar month. Deleted records and results-review appointment records are excluded. New-concern and follow-up records need an included primary concern category; relevant secondary categories from those records are included too. Missing or unusable classifications are excluded. Other is an included category for concerns outside the remaining categories, not a label for missing classifications.

Concerns are classified with AI assistance. An appointment can address several topics; each appointment counts once within a group. Child topics overlap, so their counts do not necessarily sum to their parent. GP approval reviews the publication and is not an independent audit of every classification.

Shares divide the concern's appointment count by all qualifying appointments in the stated period. Seasonal and annual shares pool counts and denominators, rather than averaging monthly percentages. Missing months or a zero denominator make a comparison unavailable. Differences are descriptive and do not establish causes or statistical significance.

Season: June 2026–August 2026; comparison: June 2025–August 2025. Calendar coverage: June 2026–August 2026 (full season).

Current season: 4,987 analysed appointments. Previous year's matching period: 4,855 analysed appointments.

12-month period: September 2025–August 2026. Saved monthly history: June 2025–August 2026.

Methodology: health-pulse-2. Classification version: 2. Each edition retains its saved figures and definitions; changes to published figures require renewed approval and a correction note.

Source: DocTap Health Pulse August 2026

Please credit DocTap and link to the published revision when reusing these figures. Full methodology, monthly data and seasonal data are available from the source report.

Complete topic appendix

All published groups, topics and subtopics are included, including zero-count rows. Each group's table shows the current month, matching seasonal periods and pooled 12-month period. Counts and shares use each period's full denominator; overlapping rows must not be added together.

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Mental health & wellbeing

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Mental health & wellbeing	17.3% (270)	16.9% (842)	14.7% (715)	16.6% (3,281)
Anxiety	13.2% (206)	12.6% (629)	10.2% (493)	11.9% (2,360)
Depression & low mood	7.7% (120)	7.1% (354)	5.8% (282)	6.6% (1,309)
Insomnia & sleep concerns	4.4% (68)	4.1% (206)	2.7% (132)	4.4% (879)
Insomnia	3.9% (60)	3.7% (187)	2.5% (122)	4.1% (812)
Other sleep concerns	0.6% (9)	0.4% (20)	0.2% (10)	0.3% (68)
Stress & burnout	4.2% (65)	3.9% (192)	3.0% (144)	3.6% (709)
Other mental health concerns	1.0% (15)	0.8% (40)	0.6% (30)	0.6% (123)
OCD	0.4% (6)	0.5% (23)	0.3% (15)	0.3% (66)
ADHD	0.3% (5)	0.4% (21)	0.5% (23)	0.5% (92)
Trauma & PTSD	0.3% (5)	0.3% (16)	0.2% (12)	0.4% (80)
Alcohol & substance use	0.3% (4)	0.5% (25)	0.7% (34)	0.6% (125)
Other substance use	0.2% (3)	0.2% (8)	0.1% (7)	0.1% (26)
Alcohol-related concerns	0.1% (2)	0.4% (20)	0.6% (28)	0.6% (109)
Autism & other neurodevelopmental concerns	0.2% (3)	0.1% (3)	0.1% (4)	0.1% (21)
Autism	0.2% (3)	0.1% (3)	0.0% (2)	0.1% (13)
Other neurodevelopmental concerns	0.0% (0)	0.0% (0)	0.0% (2)	0.0% (8)
Eating disorders	0.1% (1)	0.0% (1)	0.0% (1)	0.1% (26)

Topic definitions

Mental health & wellbeing: Appointments addressing Mental health & wellbeing.

Anxiety: Appointments addressing Anxiety.

Depression & low mood: Appointments addressing Depression & low mood.

Insomnia & sleep concerns: Appointments addressing Insomnia & sleep concerns.

Insomnia: Appointments addressing Insomnia.

Other sleep concerns: Appointments addressing Other sleep concerns.

Stress & burnout: Appointments addressing Stress & burnout.

Other mental health concerns: Appointments addressing Other mental health concerns.

OCD: Appointments addressing OCD.

ADHD: Appointments addressing ADHD.

Trauma & PTSD: Appointments addressing Trauma & PTSD.

Alcohol & substance use: Appointments addressing Alcohol & substance use.

Other substance use: Appointments addressing Other substance use.

Alcohol-related concerns: Appointments addressing Alcohol-related concerns.

Autism & other neurodevelopmental concerns: Appointments addressing Autism & other neurodevelopmental concerns.

Autism: Appointments addressing Autism.

Other neurodevelopmental concerns: Appointments addressing Other neurodevelopmental concerns.

Eating disorders: Appointments addressing Eating disorders.

Skin

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Skin	16.2% (253)	16.0% (799)	16.9% (820)	14.6% (2,893)
Skin infections & infestations	5.8% (91)	5.9% (293)	7.0% (341)	5.8% (1,149)
Bacterial skin infections	3.0% (47)	2.8% (140)	3.4% (166)	2.9% (565)
Fungal skin infections	1.3% (21)	1.5% (77)	1.8% (88)	1.4% (287)
Other viral skin infections	1.0% (15)	1.0% (49)	0.9% (45)	1.0% (190)
Shingles	0.6% (10)	0.7% (34)	0.7% (32)	0.5% (99)
Scabies/other infestations	0.2% (3)	0.2% (9)	0.5% (26)	0.4% (78)
Moles, lumps & skin lesions	3.8% (59)	3.7% (185)	4.1% (197)	3.3% (651)
Other skin lumps & lesions	2.5% (39)	2.5% (125)	2.6% (128)	2.3% (463)
Mole/pigmented-lesion concerns	1.5% (23)	1.4% (69)	1.6% (80)	1.1% (216)
Eczema & dermatitis	2.7% (42)	2.7% (136)	2.3% (110)	2.9% (570)
Eczema	1.5% (24)	1.3% (66)	1.2% (56)	1.5% (290)
Other dermatitis	1.0% (15)	1.2% (59)	1.0% (47)	1.1% (222)
Contact dermatitis	0.3% (5)	0.3% (15)	0.2% (9)	0.4% (70)
Other rashes, itching & skin concerns	2.4% (37)	2.7% (133)	2.8% (137)	2.5% (491)
Unspecified rash/itching	1.7% (26)	1.7% (87)	1.8% (87)	1.5% (300)
Other skin concerns	0.7% (11)	0.9% (46)	1.1% (52)	1.0% (194)
Bites & stings	1.5% (23)	1.2% (60)	1.4% (69)	0.6% (110)
Acne	1.0% (16)	0.8% (38)	0.4% (21)	0.6% (121)
Psoriasis	0.3% (4)	0.2% (12)	0.2% (11)	0.3% (52)
Rosacea	0.1% (1)	0.2% (8)	0.2% (8)	0.2% (45)

Topic definitions

Skin: Appointments addressing Skin.

Skin infections & infestations: Appointments addressing Skin infections & infestations.

Bacterial skin infections: Appointments addressing Bacterial skin infections.

Fungal skin infections: Appointments addressing Fungal skin infections.

Other viral skin infections: Appointments addressing Other viral skin infections.

Shingles: Appointments addressing Shingles.

Scabies/other infestations: Appointments addressing Scabies/other infestations.

Moles, lumps & skin lesions: Appointments addressing Moles, lumps & skin lesions.

Other skin lumps & lesions: Appointments addressing Other skin lumps & lesions.

Mole/pigmented-lesion concerns: Appointments addressing Mole/pigmented-lesion concerns.

Eczema & dermatitis: Appointments addressing Eczema & dermatitis.

Eczema: Appointments addressing Eczema.

Other dermatitis: Appointments addressing Other dermatitis.

Contact dermatitis: Appointments addressing Contact dermatitis.

Other rashes, itching & skin concerns: Appointments addressing Other rashes, itching & skin concerns.

Unspecified rash/itching: Appointments addressing Unspecified rash/itching.

Other skin concerns: Appointments addressing Other skin concerns.

Bites & stings: Appointments addressing Bites & stings.

Acne: Appointments addressing Acne.

Psoriasis: Appointments addressing Psoriasis.

Rosacea: Appointments addressing Rosacea.

Ear, nose & throat

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Ear, nose & throat	14.6% (228)	14.3% (715)	15.3% (744)	14.3% (2,838)
Tonsillitis & other throat concerns	5.4% (84)	5.4% (267)	5.9% (287)	5.2% (1,031)
Other sore throat	2.6% (41)	2.5% (123)	2.5% (122)	2.3% (462)
Tonsillitis	2.2% (34)	2.3% (115)	2.8% (137)	2.4% (479)
Voice & other throat concerns	0.6% (10)	0.6% (31)	0.7% (32)	0.5% (96)
Ear infections	3.5% (55)	3.1% (154)	4.0% (195)	3.0% (599)
Outer ear infection	2.3% (36)	2.1% (103)	2.6% (127)	1.9% (386)
Middle ear infection	1.1% (17)	0.9% (46)	1.2% (58)	0.9% (186)
Other ear infection	0.2% (3)	0.2% (8)	0.3% (13)	0.2% (41)
Sinusitis & other nose concerns	3.1% (49)	3.4% (168)	3.8% (186)	3.9% (764)
Sinusitis	1.8% (28)	1.9% (94)	2.3% (114)	2.4% (484)
Other nose concerns	1.4% (22)	1.5% (76)	1.5% (73)	1.5% (289)
Ear wax & blocked ears	1.9% (30)	2.1% (106)	1.8% (89)	2.0% (398)
Hearing loss & tinnitus	1.3% (20)	1.1% (53)	0.6% (29)	1.0% (202)
Tinnitus	0.8% (12)	0.7% (33)	0.5% (22)	0.7% (141)
Hearing loss	0.5% (8)	0.6% (28)	0.3% (16)	0.5% (92)
Other hearing concerns	0.1% (1)	0.1% (3)	0.0% (0)	0.1% (16)
Other ENT concerns	1.0% (16)	1.0% (50)	1.1% (51)	1.0% (193)

Topic definitions

Ear, nose & throat: Appointments addressing Ear, nose & throat.

Tonsillitis & other throat concerns: Appointments addressing Tonsillitis & other throat concerns.

Other sore throat: Appointments addressing Other sore throat.

Tonsillitis: Appointments addressing Tonsillitis.

Voice & other throat concerns: Appointments addressing Voice & other throat concerns.

Ear infections: Appointments addressing Ear infections.

Outer ear infection: Appointments addressing Outer ear infection.

Middle ear infection: Appointments addressing Middle ear infection.

Other ear infection: Appointments addressing Other ear infection.

Sinusitis & other nose concerns: Appointments addressing Sinusitis & other nose concerns.

Sinusitis: Appointments addressing Sinusitis.

Other nose concerns: Appointments addressing Other nose concerns.

Ear wax & blocked ears: Appointments addressing Ear wax & blocked ears.

Hearing loss & tinnitus: Appointments addressing Hearing loss & tinnitus.

Tinnitus: Appointments addressing Tinnitus.

Hearing loss: Appointments addressing Hearing loss.

Other hearing concerns: Appointments addressing Other hearing concerns.

Other ENT concerns: Appointments addressing Other ENT concerns.

Digestion & gut

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Digestion & gut	12.7% (197)	12.6% (627)	11.6% (561)	12.6% (2,499)
Abdominal pain & bloating	3.3% (51)	3.0% (150)	2.3% (114)	2.9% (581)
Gastroenteritis, diarrhoea & vomiting	3.0% (46)	3.3% (166)	3.2% (153)	3.5% (685)
Gastroenteritis	1.5% (24)	1.4% (71)	2.2% (106)	1.8% (359)
Other diarrhoea/vomiting	1.4% (22)	1.9% (95)	1.0% (48)	1.6% (326)
Haemorrhoids & other anorectal concerns	2.8% (43)	2.7% (133)	2.4% (115)	2.5% (488)
Other anorectal concerns	1.4% (22)	1.2% (61)	1.0% (49)	1.2% (228)
Haemorrhoids	1.3% (20)	1.3% (66)	1.0% (50)	1.1% (224)
Anal fissure	0.3% (5)	0.4% (19)	0.5% (22)	0.4% (73)
Reflux & indigestion	2.1% (33)	2.2% (111)	2.8% (134)	2.7% (532)
Constipation	1.9% (29)	1.5% (74)	0.8% (38)	1.4% (281)
Other digestive concerns	1.2% (19)	1.1% (55)	1.2% (58)	1.2% (239)
Hernias	0.4% (7)	0.7% (35)	0.4% (18)	0.6% (117)
IBS	0.4% (6)	0.4% (20)	0.4% (21)	0.4% (80)
Inflammatory bowel disease	0.1% (2)	0.2% (8)	0.1% (4)	0.1% (16)
Crohn's disease	0.1% (1)	0.0% (2)	0.1% (3)	0.0% (5)
Other/unspecified IBD	0.1% (1)	0.0% (2)	0.0% (0)	0.0% (4)
Ulcerative colitis	0.0% (0)	0.1% (4)	0.0% (1)	0.0% (7)

Topic definitions

Digestion & gut: Appointments addressing Digestion & gut.

Abdominal pain & bloating: Appointments addressing Abdominal pain & bloating.

Gastroenteritis, diarrhoea & vomiting: Appointments addressing Gastroenteritis, diarrhoea & vomiting.

Gastroenteritis: Appointments addressing Gastroenteritis.

Other diarrhoea/vomiting: Appointments addressing Other diarrhoea/vomiting.

Haemorrhoids & other anorectal concerns: Appointments addressing Haemorrhoids & other anorectal concerns.

Other anorectal concerns: Appointments addressing Other anorectal concerns.

Haemorrhoids: Appointments addressing Haemorrhoids.

Anal fissure: Appointments addressing Anal fissure.

Reflux & indigestion: Appointments addressing Reflux & indigestion.

Constipation: Appointments addressing Constipation.

Other digestive concerns: Appointments addressing Other digestive concerns.

Hernias: Appointments addressing Hernias.

IBS: Appointments addressing IBS.

Inflammatory bowel disease: Appointments addressing Inflammatory bowel disease.

Crohn's disease: Appointments addressing Crohn's disease.

Other/unspecified IBD: Appointments addressing Other/unspecified IBD.

Ulcerative colitis: Appointments addressing Ulcerative colitis.

Muscles, bones & joints

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Muscles, bones & joints	12.0% (187)	11.6% (576)	11.2% (542)	11.9% (2,367)
Back pain & sciatica	3.5% (55)	2.7% (137)	2.2% (109)	2.6% (523)
Back pain without specified sciatica	2.6% (40)	2.0% (100)	1.9% (91)	2.1% (418)
Sciatica	1.0% (16)	0.8% (38)	0.4% (19)	0.5% (107)
Injuries & soft-tissue concerns	3.1% (48)	3.8% (188)	3.8% (184)	3.9% (769)
Joint & limb pain	2.4% (38)	2.3% (117)	2.3% (113)	2.7% (538)
Other musculoskeletal concerns	2.3% (36)	2.1% (105)	2.0% (99)	2.0% (399)
Neck pain	1.0% (16)	0.9% (43)	0.7% (35)	1.0% (191)
Gout	0.4% (6)	0.4% (22)	0.6% (28)	0.4% (81)
Arthritis	0.3% (5)	0.2% (11)	0.2% (11)	0.3% (60)
Osteoarthritis	0.2% (3)	0.1% (3)	0.1% (5)	0.1% (26)
Inflammatory arthritis	0.1% (2)	0.1% (6)	0.1% (4)	0.1% (25)
Other/unspecified arthritis	0.0% (0)	0.0% (2)	0.0% (2)	0.0% (9)

Topic definitions

Muscles, bones & joints: Appointments addressing Muscles, bones & joints.

Back pain & sciatica: Appointments addressing Back pain & sciatica.

Back pain without specified sciatica: Appointments addressing Back pain without specified sciatica.

Sciatica: Appointments addressing Sciatica.

Injuries & soft-tissue concerns: Appointments addressing Injuries & soft-tissue concerns.

Joint & limb pain: Appointments addressing Joint & limb pain.

Other musculoskeletal concerns: Appointments addressing Other musculoskeletal concerns.

Neck pain: Appointments addressing Neck pain.

Gout: Appointments addressing Gout.

Arthritis: Appointments addressing Arthritis.

Osteoarthritis: Appointments addressing Osteoarthritis.

Inflammatory arthritis: Appointments addressing Inflammatory arthritis.

Other/unspecified arthritis: Appointments addressing Other/unspecified arthritis.

Acute respiratory illness

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Acute respiratory illness	8.4% (131)	8.3% (416)	8.9% (433)	12.1% (2,391)
Colds & upper respiratory infections	4.3% (67)	4.0% (199)	4.3% (210)	5.2% (1,028)
Other acute cough & respiratory illness	2.3% (36)	2.1% (103)	1.7% (84)	2.8% (550)
Chest infections	1.7% (27)	2.0% (98)	2.3% (112)	3.2% (639)
Other chest infections	1.5% (23)	1.8% (91)	2.2% (107)	3.0% (596)
Pneumonia	0.3% (4)	0.1% (7)	0.1% (5)	0.2% (43)
Influenza & flu-like illness	0.1% (2)	0.3% (16)	0.4% (17)	0.8% (168)
COVID-19	0.0% (0)	0.1% (3)	0.3% (13)	0.1% (28)

Topic definitions

Acute respiratory illness: Appointments addressing Acute respiratory illness.

Colds & upper respiratory infections: Appointments addressing Colds & upper respiratory infections.

Other acute cough & respiratory illness: Appointments addressing Other acute cough & respiratory illness.

Chest infections: Appointments addressing Chest infections.

Other chest infections: Appointments addressing Other chest infections.

Pneumonia: Appointments addressing Pneumonia.

Influenza & flu-like illness: Appointments addressing Influenza & flu-like illness.

COVID-19: Appointments addressing COVID-19.

Women's & gynaecological health

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Women's & gynaecological health	7.3% (114)	7.0% (351)	8.5% (415)	7.4% (1,476)
Vaginal & vulval concerns	2.4% (38)	2.2% (108)	3.0% (145)	2.1% (410)
Other vaginal/vulval concerns	1.7% (27)	1.2% (62)	1.9% (90)	1.2% (244)
Thrush	0.8% (13)	0.8% (38)	0.9% (45)	0.7% (148)
Bacterial vaginosis	0.1% (1)	0.3% (13)	0.3% (16)	0.2% (35)
Period & bleeding concerns	1.9% (29)	1.9% (96)	2.0% (97)	2.0% (394)
Other bleeding concerns	0.9% (14)	0.8% (41)	0.9% (43)	0.7% (148)
Heavy bleeding	0.5% (8)	0.6% (32)	0.5% (25)	0.7% (133)
Painful periods	0.4% (6)	0.4% (18)	0.2% (10)	0.4% (82)
Irregular/absent periods	0.3% (4)	0.5% (25)	0.7% (32)	0.6% (116)
Breast concerns	1.0% (15)	0.9% (43)	1.0% (47)	0.9% (179)
Other breast concerns	0.5% (8)	0.4% (19)	0.4% (20)	0.5% (92)
Breast lump	0.4% (7)	0.5% (25)	0.6% (27)	0.5% (91)
Other pelvic & gynaecological concerns	0.9% (14)	0.9% (45)	0.8% (38)	1.0% (199)
Pregnancy & postnatal concerns	0.8% (13)	0.7% (35)	0.9% (44)	0.9% (169)
Contraception	0.6% (9)	0.7% (34)	0.8% (37)	0.6% (120)
Menopause & perimenopause	0.4% (6)	0.5% (24)	0.5% (23)	0.6% (128)
PCOS	0.3% (5)	0.3% (14)	0.5% (23)	0.4% (72)
Fertility	0.3% (4)	0.3% (14)	0.5% (22)	0.3% (62)
Endometriosis	0.2% (3)	0.2% (12)	0.1% (7)	0.2% (33)

Topic definitions

Women's & gynaecological health: Appointments addressing Women's & gynaecological health.

Vaginal & vulval concerns: Appointments addressing Vaginal & vulval concerns.

Other vaginal/vulval concerns: Appointments addressing Other vaginal/vulval concerns.

Thrush: Appointments addressing Thrush.

Bacterial vaginosis: Appointments addressing Bacterial vaginosis.

Period & bleeding concerns: Appointments addressing Period & bleeding concerns.

Other bleeding concerns: Appointments addressing Other bleeding concerns.

Heavy bleeding: Appointments addressing Heavy bleeding.

Painful periods: Appointments addressing Painful periods.

Irregular/absent periods: Appointments addressing Irregular/absent periods.

Breast concerns: Appointments addressing Breast concerns.

Other breast concerns: Appointments addressing Other breast concerns.

Breast lump: Appointments addressing Breast lump.

Other pelvic & gynaecological concerns: Appointments addressing Other pelvic & gynaecological concerns.

Pregnancy & postnatal concerns: Appointments addressing Pregnancy & postnatal concerns.

Contraception: Appointments addressing Contraception.

Menopause & perimenopause: Appointments addressing Menopause & perimenopause.

PCOS: Appointments addressing PCOS.

Fertility: Appointments addressing Fertility.

Endometriosis: Appointments addressing Endometriosis.

Headaches & neurological

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Headaches & neurological	6.9% (108)	6.6% (329)	5.8% (281)	6.7% (1,321)
Dizziness & balance concerns	2.7% (42)	2.6% (129)	2.2% (106)	2.4% (477)
Other dizziness	1.9% (30)	1.9% (93)	1.6% (76)	1.6% (319)
Vertigo/balance disorder	0.8% (12)	0.7% (36)	0.6% (30)	0.8% (158)
Other headaches	2.1% (33)	1.7% (85)	1.4% (70)	1.7% (345)
Numbness, tingling & nerve concerns	1.5% (23)	1.4% (71)	1.4% (68)	1.5% (291)
Migraine	1.1% (17)	0.8% (38)	0.6% (31)	0.8% (165)
Other neurological concerns	1.0% (15)	1.1% (56)	0.9% (42)	1.1% (219)

Topic definitions

Headaches & neurological: Appointments addressing Headaches & neurological.

Dizziness & balance concerns: Appointments addressing Dizziness & balance concerns.

Other dizziness: Appointments addressing Other dizziness.

Vertigo/balance disorder: Appointments addressing Vertigo/balance disorder.

Other headaches: Appointments addressing Other headaches.

Numbness, tingling & nerve concerns: Appointments addressing Numbness, tingling & nerve concerns.

Migraine: Appointments addressing Migraine.

Other neurological concerns: Appointments addressing Other neurological concerns.

Tiredness & general symptoms

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Tiredness & general symptoms	6.2% (97)	6.9% (346)	5.1% (249)	6.3% (1,254)
Fatigue & tiredness	3.0% (47)	3.5% (176)	2.5% (119)	3.1% (607)
Lymph nodes & unexplained lumps	1.9% (30)	1.6% (79)	1.2% (59)	1.6% (324)
Other general symptoms	0.8% (12)	1.0% (51)	0.9% (42)	1.0% (198)
Fever & systemic illness	0.4% (7)	0.6% (28)	0.4% (19)	0.4% (80)
Anaemia	0.3% (5)	0.4% (18)	0.3% (14)	0.4% (70)
Iron-deficiency anaemia	0.2% (3)	0.2% (8)	0.1% (4)	0.1% (24)
Other anaemia	0.1% (2)	0.2% (10)	0.2% (10)	0.2% (46)
Vitamin & mineral deficiencies	0.3% (5)	0.4% (21)	0.3% (13)	0.4% (80)
Iron deficiency without anaemia	0.2% (3)	0.3% (13)	0.1% (6)	0.2% (34)
B12/folate	0.1% (1)	0.1% (3)	0.1% (4)	0.1% (15)
Vitamin D	0.1% (1)	0.1% (6)	0.1% (4)	0.2% (31)
Other deficiencies	0.0% (0)	0.0% (1)	0.0% (1)	0.0% (8)

Topic definitions

Tiredness & general symptoms: Appointments addressing Tiredness & general symptoms.

Fatigue & tiredness: Appointments addressing Fatigue & tiredness.

Lymph nodes & unexplained lumps: Appointments addressing Lymph nodes & unexplained lumps.

Other general symptoms: Appointments addressing Other general symptoms.

Fever & systemic illness: Appointments addressing Fever & systemic illness.

Anaemia: Appointments addressing Anaemia.

Iron-deficiency anaemia: Appointments addressing Iron-deficiency anaemia.

Other anaemia: Appointments addressing Other anaemia.

Vitamin & mineral deficiencies: Appointments addressing Vitamin & mineral deficiencies.

Iron deficiency without anaemia: Appointments addressing Iron deficiency without anaemia.

B12/folate: Appointments addressing B12/folate.

Vitamin D: Appointments addressing Vitamin D.

Other deficiencies: Appointments addressing Other deficiencies.

Urinary & kidney

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Urinary & kidney	6.2% (96)	6.1% (303)	6.0% (291)	5.8% (1,157)
Urinary tract infections	3.7% (57)	3.7% (185)	4.0% (195)	3.5% (703)
Lower UTI/cystitis	2.8% (43)	3.0% (149)	3.0% (148)	2.7% (531)
Kidney infection	0.4% (7)	0.3% (15)	0.4% (20)	0.4% (70)
Other/unspecified UTI	0.4% (7)	0.4% (21)	0.6% (28)	0.5% (103)
Other urinary symptoms	1.9% (29)	1.9% (93)	1.5% (74)	1.8% (360)
Other kidney concerns	0.6% (9)	0.4% (22)	0.3% (16)	0.4% (78)
Kidney stones	0.3% (4)	0.2% (10)	0.2% (8)	0.3% (55)
Chronic kidney disease	0.0% (0)	0.0% (1)	0.1% (3)	0.0% (9)

Topic definitions

Urinary & kidney: Appointments addressing Urinary & kidney.

Urinary tract infections: Appointments addressing Urinary tract infections.

Lower UTI/cystitis: Appointments addressing Lower UTI/cystitis.

Kidney infection: Appointments addressing Kidney infection.

Other/unspecified UTI: Appointments addressing Other/unspecified UTI.

Other urinary symptoms: Appointments addressing Other urinary symptoms.

Other kidney concerns: Appointments addressing Other kidney concerns.

Kidney stones: Appointments addressing Kidney stones.

Chronic kidney disease: Appointments addressing Chronic kidney disease.

Heart, blood pressure & circulation

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Heart, blood pressure & circulation	5.7% (88)	6.7% (332)	4.9% (239)	7.1% (1,401)
High blood pressure	2.4% (37)	2.4% (122)	1.7% (81)	2.7% (536)
Circulation & leg swelling	1.2% (18)	1.0% (48)	0.6% (29)	0.8% (149)
Palpitations & rhythm concerns	1.1% (17)	1.5% (73)	1.2% (58)	1.7% (328)
Palpitations without named diagnosis	0.9% (14)	1.3% (63)	1.0% (48)	1.4% (286)
Known rhythm conditions	0.2% (3)	0.2% (10)	0.2% (10)	0.2% (42)
Chest pain	1.1% (17)	1.3% (67)	1.2% (56)	1.6% (315)
Cholesterol	0.7% (11)	1.2% (58)	0.9% (43)	1.2% (246)
Other heart conditions	0.3% (4)	0.3% (17)	0.3% (14)	0.3% (53)

Topic definitions

Heart, blood pressure & circulation: Appointments addressing Heart, blood pressure & circulation.

High blood pressure: Appointments addressing High blood pressure.

Circulation & leg swelling: Appointments addressing Circulation & leg swelling.

Palpitations & rhythm concerns: Appointments addressing Palpitations & rhythm concerns.

Palpitations without named diagnosis: Appointments addressing Palpitations without named diagnosis.

Known rhythm conditions: Appointments addressing Known rhythm conditions.

Chest pain: Appointments addressing Chest pain.

Cholesterol: Appointments addressing Cholesterol.

Other heart conditions: Appointments addressing Other heart conditions.

Men's & urogenital health

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Men's & urogenital health	4.3% (67)	4.2% (207)	3.9% (187)	3.8% (754)
Testicular & scrotal concerns	1.7% (27)	1.8% (91)	1.4% (70)	1.6% (310)
Penile concerns	1.6% (25)	1.6% (81)	1.9% (90)	1.5% (300)
Balanitis	1.0% (15)	0.9% (45)	1.0% (49)	0.8% (163)
Other penile concerns	0.6% (10)	0.7% (36)	0.9% (42)	0.7% (143)
Prostate concerns	0.5% (8)	0.3% (16)	0.4% (20)	0.4% (79)
Prostatitis	0.5% (8)	0.3% (13)	0.2% (12)	0.3% (52)
Other prostate concerns	0.0% (0)	0.1% (3)	0.2% (8)	0.1% (28)
Erectile dysfunction	0.3% (5)	0.4% (18)	0.3% (13)	0.3% (58)
Other men's health concerns	0.3% (5)	0.3% (14)	0.1% (7)	0.2% (45)

Topic definitions

Men's & urogenital health: Appointments addressing Men's & urogenital health.

Testicular & scrotal concerns: Appointments addressing Testicular & scrotal concerns.

Penile concerns: Appointments addressing Penile concerns.

Balanitis: Appointments addressing Balanitis.

Other penile concerns: Appointments addressing Other penile concerns.

Prostate concerns: Appointments addressing Prostate concerns.

Prostatitis: Appointments addressing Prostatitis.

Other prostate concerns: Appointments addressing Other prostate concerns.

Erectile dysfunction: Appointments addressing Erectile dysfunction.

Other men's health concerns: Appointments addressing Other men's health concerns.

Sexual health

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Sexual health	4.2% (66)	4.8% (238)	5.5% (267)	4.6% (916)
STI symptoms or exposure	2.2% (34)	2.4% (120)	2.2% (109)	2.3% (459)
Sexual health testing	1.3% (20)	1.5% (75)	1.8% (85)	1.4% (273)
Diagnosed or specifically suspected STIs	0.9% (14)	1.1% (56)	1.6% (76)	1.2% (233)
Genital herpes	0.4% (6)	0.5% (27)	0.9% (46)	0.6% (112)
Genital warts	0.3% (5)	0.3% (17)	0.3% (13)	0.3% (53)
Chlamydia	0.1% (2)	0.1% (3)	0.1% (3)	0.1% (11)
Syphilis	0.1% (1)	0.0% (1)	0.1% (5)	0.1% (10)
Gonorrhoea	0.0% (0)	0.0% (1)	0.1% (3)	0.1% (17)
Other STIs	0.0% (0)	0.1% (7)	0.2% (11)	0.2% (34)
PrEP & PEP	0.1% (1)	0.1% (4)	0.1% (5)	0.1% (11)
PEP	0.1% (1)	0.0% (2)	0.0% (2)	0.0% (6)
PrEP	0.0% (0)	0.1% (3)	0.1% (3)	0.0% (6)
Other sexual health concerns	0.1% (1)	0.1% (4)	0.1% (3)	0.1% (19)
HIV-related concerns	0.0% (0)	0.0% (1)	0.1% (3)	0.1% (12)

Topic definitions

Sexual health: Appointments addressing Sexual health.

STI symptoms or exposure: Appointments addressing STI symptoms or exposure.

Sexual health testing: Appointments addressing Sexual health testing.

Diagnosed or specifically suspected STIs: Appointments addressing Diagnosed or specifically suspected STIs.

Genital herpes: Appointments addressing Genital herpes.

Genital warts: Appointments addressing Genital warts.

Chlamydia: Appointments addressing Chlamydia.

Syphilis: Appointments addressing Syphilis.

Gonorrhoea: Appointments addressing Gonorrhoea.

Other STIs: Appointments addressing Other STIs.

PrEP & PEP: Appointments addressing PrEP & PEP.

PEP: Appointments addressing PEP.

PrEP: Appointments addressing PrEP.

Other sexual health concerns: Appointments addressing Other sexual health concerns.

HIV-related concerns: Appointments addressing HIV-related concerns.

Lung & breathing

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Lung & breathing	3.0% (46)	3.9% (193)	3.3% (158)	4.4% (877)
Breathlessness & other lung concerns	1.3% (20)	1.6% (78)	1.2% (57)	1.5% (295)
Unexplained breathlessness	0.9% (14)	1.0% (52)	0.9% (43)	1.0% (194)
Other lung conditions	0.4% (6)	0.5% (26)	0.3% (14)	0.5% (103)
Asthma	0.9% (14)	1.6% (79)	1.4% (70)	2.2% (433)
Persistent cough	0.8% (12)	0.8% (41)	0.7% (36)	0.9% (182)
COPD	0.1% (1)	0.1% (4)	0.1% (3)	0.1% (11)

Topic definitions

Lung & breathing: Appointments addressing Lung & breathing.

Breathlessness & other lung concerns: Appointments addressing Breathlessness & other lung concerns.

Unexplained breathlessness: Appointments addressing Unexplained breathlessness.

Other lung conditions: Appointments addressing Other lung conditions.

Asthma: Appointments addressing Asthma.

Persistent cough: Appointments addressing Persistent cough.

COPD: Appointments addressing COPD.

Eye & vision

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Eye & vision	2.8% (43)	3.1% (154)	2.6% (124)	2.8% (561)
Other eye & vision concerns	1.3% (20)	1.1% (54)	1.0% (49)	1.1% (225)
Eyelid concerns	1.2% (18)	1.4% (72)	1.0% (48)	1.1% (227)
Stye/chalazion	0.8% (12)	0.9% (47)	0.5% (23)	0.6% (122)
Blepharitis	0.3% (4)	0.2% (10)	0.3% (16)	0.2% (40)
Other eyelid concerns	0.2% (3)	0.4% (18)	0.3% (13)	0.4% (78)
Conjunctivitis	0.4% (7)	0.8% (38)	0.7% (32)	0.7% (132)

Topic definitions

Eye & vision: Appointments addressing Eye & vision.

Other eye & vision concerns: Appointments addressing Other eye & vision concerns.

Eyelid concerns: Appointments addressing Eyelid concerns.

Stye/chalazion: Appointments addressing Stye/chalazion.

Blepharitis: Appointments addressing Blepharitis.

Other eyelid concerns: Appointments addressing Other eyelid concerns.

Conjunctivitis: Appointments addressing Conjunctivitis.

Hair & nails

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Hair & nails	1.7% (27)	1.9% (95)	1.9% (94)	1.6% (314)
Nail infections	1.0% (16)	1.2% (59)	1.2% (60)	0.9% (178)
Nail-fold infection	0.6% (9)	0.6% (32)	0.7% (33)	0.5% (108)
Fungal nail infection	0.4% (6)	0.5% (26)	0.6% (27)	0.3% (63)
Other nail infection	0.1% (1)	0.0% (1)	0.0% (1)	0.0% (9)
Hair loss	0.5% (8)	0.4% (21)	0.5% (23)	0.5% (94)
Other nail concerns	0.3% (4)	0.4% (18)	0.2% (11)	0.2% (46)
Other hair concerns	0.1% (1)	0.1% (3)	0.0% (0)	0.0% (6)

Topic definitions

Hair & nails: Appointments addressing Hair & nails.

Nail infections: Appointments addressing Nail infections.

Nail-fold infection: Appointments addressing Nail-fold infection.

Fungal nail infection: Appointments addressing Fungal nail infection.

Other nail infection: Appointments addressing Other nail infection.

Hair loss: Appointments addressing Hair loss.

Other nail concerns: Appointments addressing Other nail concerns.

Other hair concerns: Appointments addressing Other hair concerns.

Wound care

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Wound care	1.5% (23)	1.6% (80)	1.7% (84)	1.5% (301)
Wound management	0.6% (10)	0.5% (26)	0.6% (27)	0.6% (112)
Wound infection	0.5% (8)	0.5% (25)	0.6% (29)	0.4% (84)
Burns	0.3% (4)	0.2% (12)	0.2% (12)	0.2% (37)
Other wound concerns	0.1% (2)	0.4% (19)	0.5% (24)	0.4% (75)

Topic definitions

Wound care: Appointments addressing Wound care.

Wound management: Appointments addressing Wound management.

Wound infection: Appointments addressing Wound infection.

Burns: Appointments addressing Burns.

Other wound concerns: Appointments addressing Other wound concerns.

Mouth & dental

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Mouth & dental	1.3% (20)	1.6% (80)	1.6% (79)	1.6% (310)
Other mouth concerns	1.0% (16)	1.3% (67)	1.3% (62)	1.3% (250)
Other mouth concerns	0.4% (6)	0.7% (33)	0.4% (19)	0.6% (128)
Oral thrush	0.3% (5)	0.4% (18)	0.5% (23)	0.3% (64)
Mouth ulcers	0.3% (5)	0.3% (17)	0.5% (22)	0.3% (69)
Dental concerns	0.3% (5)	0.3% (15)	0.4% (19)	0.3% (67)

Topic definitions

Mouth & dental: Appointments addressing Mouth & dental.

Other mouth concerns: Appointments addressing Other mouth concerns.

Other mouth concerns: Appointments addressing Other mouth concerns.

Oral thrush: Appointments addressing Oral thrush.

Mouth ulcers: Appointments addressing Mouth ulcers.

Dental concerns: Appointments addressing Dental concerns.

Hormones, diabetes & thyroid

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Hormones, diabetes & thyroid	1.2% (18)	1.3% (65)	1.6% (77)	1.3% (255)
Thyroid conditions	0.5% (8)	0.5% (25)	0.8% (38)	0.6% (113)
Underactive thyroid	0.3% (4)	0.2% (9)	0.2% (9)	0.2% (31)
Other thyroid concerns	0.2% (3)	0.3% (13)	0.5% (23)	0.4% (70)
Overactive thyroid	0.1% (1)	0.1% (3)	0.1% (6)	0.1% (12)
Other hormonal concerns	0.4% (6)	0.4% (19)	0.3% (15)	0.3% (54)
Diabetes	0.2% (3)	0.3% (15)	0.4% (19)	0.4% (75)
Other/unspecified diabetes	0.1% (2)	0.1% (7)	0.2% (11)	0.1% (28)
Type 1 diabetes	0.1% (1)	0.1% (6)	0.1% (6)	0.1% (20)
Type 2 diabetes	0.0% (0)	0.0% (2)	0.0% (2)	0.1% (27)
Prediabetes	0.1% (1)	0.1% (6)	0.1% (6)	0.1% (19)

Topic definitions

Hormones, diabetes & thyroid: Appointments addressing Hormones, diabetes & thyroid.

Thyroid conditions: Appointments addressing Thyroid conditions.

Underactive thyroid: Appointments addressing Underactive thyroid.

Other thyroid concerns: Appointments addressing Other thyroid concerns.

Overactive thyroid: Appointments addressing Overactive thyroid.

Other hormonal concerns: Appointments addressing Other hormonal concerns.

Diabetes: Appointments addressing Diabetes.

Other/unspecified diabetes: Appointments addressing Other/unspecified diabetes.

Type 1 diabetes: Appointments addressing Type 1 diabetes.

Type 2 diabetes: Appointments addressing Type 2 diabetes.

Prediabetes: Appointments addressing Prediabetes.

Other

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Other	1.2% (18)	1.2% (59)	1.1% (52)	1.2% (231)
Other specified concerns	1.2% (18)	1.2% (59)	1.1% (52)	1.2% (231)

Topic definitions

Other: Appointments addressing Other.

Other specified concerns: Appointments addressing Other specified concerns.

Allergies

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Allergies	1.1% (17)	2.5% (124)	2.3% (111)	2.1% (417)
Hives & allergic reactions	0.4% (7)	0.5% (25)	0.5% (26)	0.6% (123)
Hives/urticaria	0.4% (7)	0.4% (19)	0.4% (18)	0.4% (89)
Other allergic reactions	0.0% (0)	0.1% (6)	0.2% (8)	0.2% (34)
Hay fever	0.3% (5)	1.3% (63)	1.2% (57)	0.7% (137)
Other allergic rhinitis	0.2% (3)	0.2% (9)	0.1% (7)	0.2% (37)
Drug allergy	0.1% (2)	0.3% (15)	0.1% (5)	0.3% (59)
Food allergy	0.0% (0)	0.2% (12)	0.2% (9)	0.2% (46)
Other allergy concerns	0.0% (0)	0.1% (5)	0.2% (8)	0.2% (33)

Topic definitions

Allergies: Appointments addressing Allergies.

Hives & allergic reactions: Appointments addressing Hives & allergic reactions.

Hives/urticaria: Appointments addressing Hives/urticaria.

Other allergic reactions: Appointments addressing Other allergic reactions.

Hay fever: Appointments addressing Hay fever.

Other allergic rhinitis: Appointments addressing Other allergic rhinitis.

Drug allergy: Appointments addressing Drug allergy.

Food allergy: Appointments addressing Food allergy.

Other allergy concerns: Appointments addressing Other allergy concerns.

Weight management

August 2026: 1,557 appointments. June 2026–August 2026: 4,987; June 2025–August 2025: 4,855. September 2025–August 2026: 19,816.

Topic	Month	Season	Prior season	12 months
Weight management	0.8% (13)	0.9% (46)	0.3% (15)	0.5% (104)
Obesity & weight-loss care	0.6% (9)	0.7% (35)	0.2% (10)	0.4% (74)
Other weight-management concerns	0.3% (4)	0.2% (11)	0.1% (5)	0.2% (30)

Topic definitions

Weight management: Appointments addressing Weight management.

Obesity & weight-loss care: Appointments addressing Obesity & weight-loss care.

Other weight-management concerns: Appointments addressing Other weight-management concerns.