DocTap Health Pulse October 2026

Acute respiratory illness featured in 15.2% of DocTap appointments in October

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Colds and upper respiratory infections came up in 7.3% of appointments in October 2026. Other acute respiratory concerns addressed included chest infections and acute cough.

Based on 1,859 included GP appointments in October 2026. Appointments, not unique people or confirmed diagnoses; categories overlap.

Key findings

Acute respiratory share higher than last October

+1.3 pp

Last October, acute respiratory illness featured in 13.9% of DocTap appointments. Across autumn so far (September and October 2026), it featured in 13.0%, compared with 12.1% in the same months of 2025.

Urinary tract infections: a lower share in October

3.2%

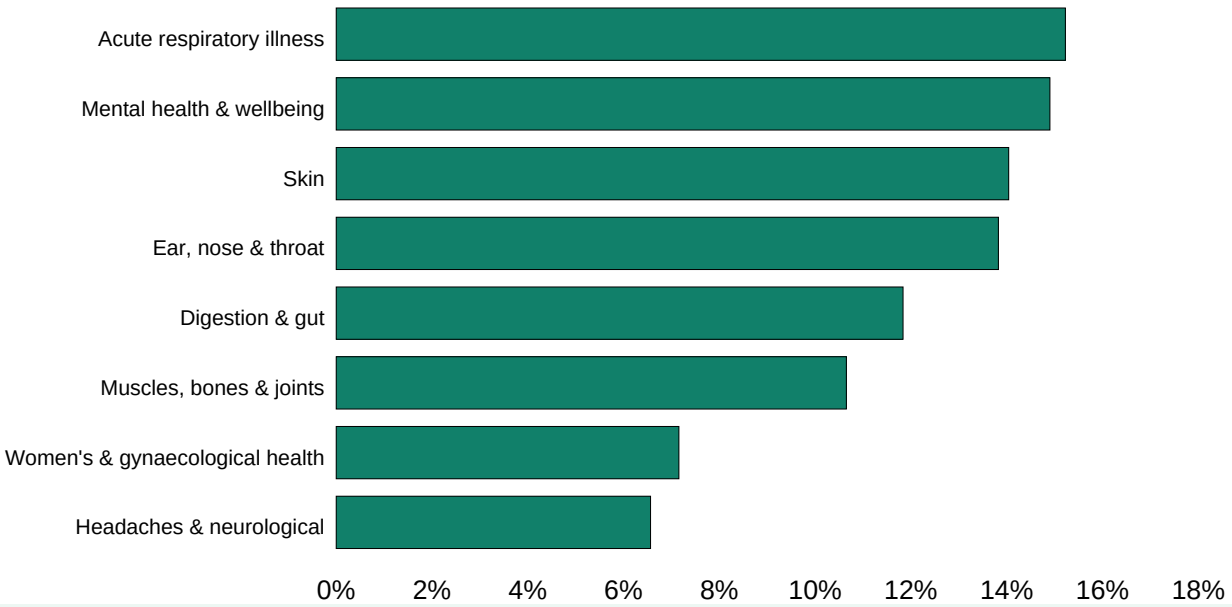
This was below the 4.3% of DocTap appointments recorded last October. Across autumn so far (September and October 2026), urinary tract infection concerns featured in 3.4%, compared with 5.0% in the same months of 2025.

Mental health follow-up reviews

In October 2026, 135 of the 241 DocTap appointments where mental health and wellbeing was a main concern were follow-up reviews. The category includes stress and sleep concerns.

The monthly picture

Share of included appointments in October 2026. Groups overlap and must not be added together.

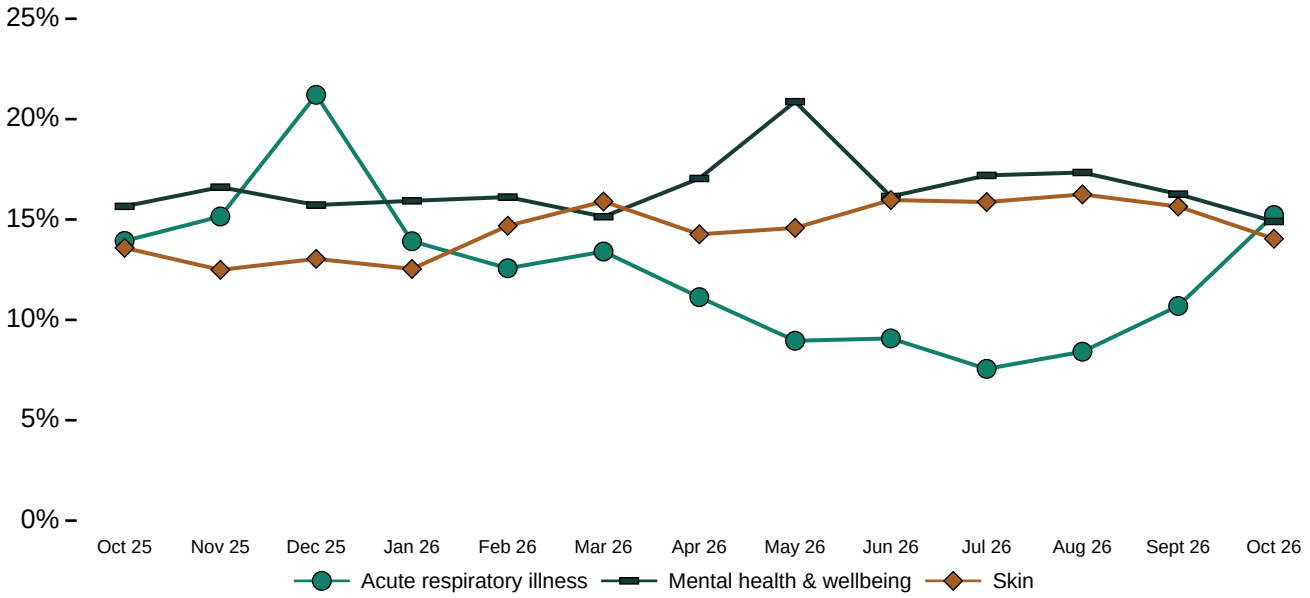


Concern	Share of appointments	Exact count
Acute respiratory illness	15.2%	283
Mental health & wellbeing	14.9%	277
Skin	14.0%	261
Ear, nose & throat	13.8%	257
Digestion & gut	11.8%	220
Muscles, bones & joints	10.7%	198
Women's & gynaecological health	7.2%	133
Headaches & neurological	6.6%	122
Heart, blood pressure & circulation	6.5%	120
Tiredness & general symptoms	6.1%	113
Urinary & kidney	5.8%	108
Sexual health	4.9%	91
Men's & urogenital health	4.2%	78

Concern	Share of appointments	Exact count
Lung & breathing	4.1%	77
Hair & nails	2.7%	50
Eye & vision	2.3%	42
Mouth & dental	1.7%	31
Hormones, diabetes & thyroid	1.5%	27
Allergies	1.3%	24
Wound care	1.0%	19
Other	0.8%	15
Weight management	0.5%	10

Monthly history

Exact shares for the selected overview groups. Missing months are unavailable, never zero.



Month	Acute respiratory illness	Mental health & wellbeing	Skin
October 2025	13.9%	15.7%	13.6%
November 2025	15.1%	16.6%	12.5%
December 2025	21.2%	15.7%	13.0%

Month	Acute respiratory illness	Mental health & wellbeing	Skin
January 2026	13.9%	15.9%	12.5%
February 2026	12.6%	16.1%	14.7%
March 2026	13.4%	15.1%	15.9%
April 2026	11.1%	17.0%	14.3%
May 2026	9.0%	20.9%	14.6%
June 2026	9.1%	16.1%	16.0%
July 2026	7.6%	17.2%	15.9%
August 2026	8.4%	17.3%	16.2%
September 2026	10.7%	16.3%	15.6%
October 2026	15.2%	14.9%	14.0%

About the data

These figures describe completed DocTap clinic and remote GP appointments addressing new concerns or follow-up reviews. They describe recorded appointment activity, not illness across the UK or confirmed disease incidence. Repeat visits can represent the same person.

Routine repeat-medication, results-discussion, paperwork and preventive-only records are excluded. Appointments are grouped by their date in the UK calendar month. Deleted records and results-review appointment records are excluded. New-concern and follow-up records need an included primary concern category; relevant secondary categories from those records are included too. Missing or unusable classifications are excluded. Other is an included category for concerns outside the remaining categories, not a label for missing classifications.

Concerns are classified with AI assistance. An appointment can address several topics; each appointment counts once within a group. Child topics overlap, so their counts do not necessarily sum to their parent. GP approval reviews the publication and is not an independent audit of every classification.

Shares divide the concern's appointment count by all qualifying appointments in the stated period. Seasonal and annual shares pool counts and denominators, rather than averaging monthly percentages. Missing months or a zero denominator make a comparison unavailable. Differences are descriptive and do not establish causes or statistical significance.

Season: September 2026–October 2026; comparison: September 2025–October 2025. Calendar coverage: September 2026–October 2026 (2 of 3 calendar months).

Current season: 3,636 analysed appointments. Previous year's matching period: 3,010 analysed appointments.

12-month period: November 2025–October 2026. Saved monthly history: June 2025–October 2026.

Methodology: health-pulse-2. Classification version: 2. Each edition retains its saved figures and definitions; changes to published figures require renewed approval and a correction note.

Source: DocTap Health Pulse October 2026

Please credit DocTap and link to the published revision when reusing these figures. Full methodology, monthly data and seasonal data are available from the source report.

Complete topic appendix

All published groups, topics and subtopics are included, including zero-count rows. Each group's table shows the current month, matching seasonal periods and pooled 12-month period. Counts and shares use each period's full denominator; overlapping rows must not be added together.

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Acute respiratory illness

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Acute respiratory illness	15.2% (283)	13.0% (473)	12.1% (363)	12.2% (2,501)
Colds & upper respiratory infections	7.3% (136)	6.7% (243)	5.6% (168)	5.4% (1,103)
Chest infections	3.2% (59)	2.6% (95)	3.2% (96)	3.1% (638)
Other chest infections	3.1% (57)	2.4% (88)	3.0% (89)	2.9% (595)
Pneumonia	0.1% (2)	0.2% (7)	0.2% (7)	0.2% (43)
Other acute cough & respiratory illness	3.1% (58)	2.5% (92)	2.4% (71)	2.8% (571)
Influenza & flu-like illness	1.4% (26)	1.1% (40)	0.7% (21)	0.9% (187)
COVID-19	0.2% (4)	0.1% (5)	0.3% (10)	0.1% (23)

Topic definitions

Acute respiratory illness: Acute respiratory infections and other short-term cough or respiratory concerns.

Colds & upper respiratory infections: Colds and other acute upper respiratory infections addressed at the appointment.

Chest infections: Pneumonia and other chest infections discussed or assessed at the appointment.

Other chest infections: Chest infections other than specifically recorded pneumonia, including bronchitis.

Pneumonia: Pneumonia specifically discussed or assessed, including suspected pneumonia.

Other acute cough & respiratory illness: Other acute respiratory illness or cough, including cough following a viral illness.

Influenza & flu-like illness: Influenza or flu-like illness discussed or assessed, including suspected influenza.

COVID-19: COVID-19 illness or specifically suspected COVID-19 discussed or assessed.

Mental health & wellbeing

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Mental health & wellbeing	14.9% (277)	15.6% (566)	15.0% (453)	16.6% (3,394)
Anxiety	10.1% (188)	10.8% (393)	10.5% (316)	11.9% (2,437)
Depression & low mood	5.8% (107)	6.0% (217)	5.6% (170)	6.6% (1,356)
Stress & burnout	3.0% (55)	3.7% (133)	2.9% (87)	3.7% (755)
Insomnia & sleep concerns	2.5% (46)	3.1% (112)	3.3% (100)	4.4% (891)
Insomnia	2.2% (41)	2.9% (105)	3.0% (91)	4.0% (826)
Other sleep concerns	0.3% (5)	0.2% (7)	0.3% (9)	0.3% (66)
Other mental health concerns	1.0% (19)	0.9% (32)	0.4% (11)	0.7% (144)
Alcohol & substance use	0.4% (8)	0.5% (18)	0.7% (21)	0.6% (122)
Alcohol-related concerns	0.4% (7)	0.4% (16)	0.6% (19)	0.5% (106)
Other substance use	0.1% (1)	0.1% (2)	0.1% (3)	0.1% (25)
ADHD	0.3% (6)	0.4% (16)	0.5% (16)	0.5% (92)
OCD	0.3% (5)	0.3% (11)	0.3% (9)	0.3% (68)
Trauma & PTSD	0.2% (4)	0.2% (7)	0.3% (8)	0.4% (79)
Autism & other neurodevelopmental concerns	0.1% (2)	0.1% (3)	0.1% (3)	0.1% (21)
Autism	0.1% (2)	0.1% (2)	0.0% (1)	0.1% (14)
Other neurodevelopmental concerns	0.0% (0)	0.0% (1)	0.1% (2)	0.0% (7)
Eating disorders	0.0% (0)	0.0% (0)	0.0% (1)	0.1% (25)

Topic definitions

Mental health & wellbeing: Mental health, sleep, attention, neurodevelopmental and substance-use concerns.

Anxiety: Anxiety concerns, including assessment, treatment and review.

Depression & low mood: Depression or low mood discussed or assessed.

Stress & burnout: Stress or burnout concerns, including work-related concerns discussed at the appointment.

Insomnia & sleep concerns: Insomnia and other non-respiratory sleep concerns.

Insomnia: Insomnia specifically discussed or assessed.

Other sleep concerns: Other non-respiratory sleep concerns.

Other mental health concerns: Other mental health concerns without a more specific recorded category.

Alcohol & substance use: Alcohol-related concerns and other substance-use assessment or support.

Alcohol-related concerns: Alcohol-related concerns discussed or assessed, including support with alcohol use.

Other substance use: Other substance-use concerns discussed or assessed, including support with drug use.

ADHD: Attention deficit hyperactivity disorder (ADHD) specifically discussed or assessed.

OCD: Obsessive compulsive disorder (OCD) specifically discussed or assessed.

Trauma & PTSD: Trauma-related concerns or post-traumatic stress disorder (PTSD) discussed or assessed.

Autism & other neurodevelopmental concerns: Autism and other neurodevelopmental concerns specifically discussed or assessed.

Autism: Appointments where autism was specifically discussed or assessed.

Other neurodevelopmental concerns: Other neurodevelopmental concerns discussed or assessed.

Eating disorders: Eating disorder concerns discussed or assessed.

Skin

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Skin	14.0% (261)	14.8% (539)	14.7% (442)	14.6% (2,990)
Skin infections & infestations	5.3% (99)	6.0% (219)	6.5% (197)	5.7% (1,171)
Bacterial skin infections	2.6% (48)	3.0% (110)	3.4% (103)	2.8% (572)
Other viral skin infections	1.2% (22)	1.1% (39)	0.9% (27)	1.0% (202)
Fungal skin infections	0.9% (17)	1.4% (52)	1.4% (41)	1.5% (298)
Shingles	0.6% (11)	0.6% (23)	0.7% (20)	0.5% (102)
Scabies/other infestations	0.3% (6)	0.3% (11)	0.7% (21)	0.3% (68)
Eczema & dermatitis	3.1% (57)	2.6% (95)	2.7% (81)	2.9% (584)
Other dermatitis	1.6% (29)	1.4% (52)	1.0% (30)	1.2% (244)
Eczema	1.2% (22)	0.8% (30)	1.3% (39)	1.4% (281)
Contact dermatitis	0.3% (6)	0.4% (13)	0.4% (13)	0.3% (70)
Moles, lumps & skin lesions	2.8% (52)	3.1% (112)	3.5% (105)	3.2% (658)
Other skin lumps & lesions	2.3% (42)	2.2% (80)	2.6% (77)	2.3% (466)
Mole/pigmented-lesion concerns	0.5% (10)	1.0% (35)	1.1% (33)	1.1% (218)
Other rashes, itching & skin concerns	2.3% (43)	2.4% (87)	2.0% (61)	2.5% (517)
Unspecified rash/itching	1.8% (34)	1.7% (61)	1.1% (32)	1.6% (329)
Other skin concerns	0.5% (9)	0.7% (26)	1.0% (29)	0.9% (191)
Acne	0.7% (13)	0.5% (17)	0.5% (16)	0.6% (122)
Bites & stings	0.7% (13)	0.9% (31)	0.6% (17)	0.6% (124)
Psoriasis	0.3% (6)	0.4% (14)	0.2% (5)	0.3% (61)
Rosacea	0.1% (2)	0.1% (5)	0.2% (6)	0.2% (44)

Topic definitions

Skin: Skin concerns, including rashes, eczema, acne, infections, moles and other lesions.

Skin infections & infestations: Bacterial, fungal or viral skin infections, and skin infestations.

Bacterial skin infections: Bacterial skin infection concerns discussed or assessed.

Other viral skin infections: Other viral skin infection concerns.

Fungal skin infections: Fungal skin infection concerns discussed or assessed.

Shingles: Shingles specifically discussed or assessed.

Scabies/other infestations: Scabies or other skin infestations discussed or assessed.

Eczema & dermatitis: Eczema, contact dermatitis and other forms of dermatitis.

Other dermatitis: Other forms of dermatitis discussed or assessed.

Eczema: Eczema specifically discussed or assessed.

Contact dermatitis: Contact dermatitis specifically discussed or assessed.

Moles, lumps & skin lesions: Moles, pigmented lesions, skin lumps and other skin lesions assessed at the appointment.

Other skin lumps & lesions: Other skin lumps or lesions, including cysts and lipomas.

Mole/pigmented-lesion concerns: Moles or other pigmented skin lesions assessed at the appointment.

Other rashes, itching & skin concerns: Rashes, itching and other skin concerns without a more specific recorded category.

Unspecified rash/itching: Rash or itching without a more specific recorded skin diagnosis.

Other skin concerns: Other skin concerns without a more specific recorded category.

Acne: Acne assessment, treatment or review.

Bites & stings: Skin concerns relating to bites or stings, including infected bites.

Psoriasis: Psoriasis assessment, treatment or review.

Rosacea: Rosacea assessment, treatment or review.

Ear, nose & throat

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Ear, nose & throat	13.8% (257)	13.1% (475)	14.9% (447)	14.0% (2,866)
Tonsillitis & other throat concerns	4.5% (83)	4.1% (148)	5.0% (150)	5.0% (1,029)
Other sore throat	2.3% (42)	1.8% (67)	2.0% (59)	2.3% (470)
Tonsillitis	2.0% (37)	2.0% (72)	2.8% (83)	2.3% (468)
Voice & other throat concerns	0.2% (4)	0.2% (9)	0.3% (9)	0.5% (96)
Sinusitis & other nose concerns	3.8% (70)	3.7% (135)	3.6% (107)	3.9% (792)
Sinusitis	1.9% (35)	1.9% (69)	2.3% (70)	2.4% (483)
Other nose concerns	1.9% (35)	1.8% (66)	1.3% (38)	1.6% (317)
Ear infections	2.7% (51)	2.8% (102)	4.0% (121)	2.8% (580)
Outer ear infection	1.5% (27)	1.9% (69)	2.9% (86)	1.8% (369)
Middle ear infection	1.3% (25)	0.9% (33)	1.0% (30)	0.9% (189)
Other ear infection	0.1% (1)	0.1% (3)	0.3% (10)	0.2% (34)
Ear wax & blocked ears	2.1% (39)	1.8% (67)	1.8% (54)	2.0% (411)
Other ENT concerns	1.5% (27)	1.2% (45)	1.3% (39)	1.0% (199)
Hearing loss & tinnitus	0.6% (12)	0.8% (28)	0.9% (26)	1.0% (204)
Tinnitus	0.4% (7)	0.6% (20)	0.6% (17)	0.7% (144)
Hearing loss	0.3% (6)	0.5% (17)	0.4% (13)	0.5% (96)
Other hearing concerns	0.0% (0)	0.0% (1)	0.2% (5)	0.1% (12)

Topic definitions

Ear, nose & throat: Ear, hearing, nose, sinus, throat and voice concerns.

Tonsillitis & other throat concerns: Tonsillitis, other sore throats, voice problems and other throat concerns.

Other sore throat: Other sore throat concerns without a more specific recorded cause.

Tonsillitis: Tonsillitis specifically discussed or assessed.

Voice & other throat concerns: Voice problems and other throat concerns.

Sinusitis & other nose concerns: Sinusitis and other nasal symptoms or concerns.

Sinusitis: Sinusitis specifically discussed or assessed.

Other nose concerns: Other nasal symptoms or concerns, such as obstruction or nosebleeds.

Ear infections: Infections affecting the outer or middle ear, and other ear infections.

Outer ear infection: An infection of the outer ear or ear canal discussed or assessed.

Middle ear infection: An infection of the middle ear discussed or assessed.

Other ear infection: Other ear infections without a more specific recorded type.

Ear wax & blocked ears: Ear wax, a blocked-ear sensation or ear pressure addressed at the appointment.

Other ENT concerns: Other specifically assessed ear, nose or throat concerns.

Hearing loss & tinnitus: Hearing loss, tinnitus and other hearing concerns.

Tinnitus: Tinnitus, such as ringing or other sounds heard in the ears.

Hearing loss: Reduced hearing or hearing loss discussed or assessed.

Other hearing concerns: Other hearing concerns without a more specific recorded category.

Digestion & gut

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Digestion & gut	11.8% (220)	12.0% (436)	11.9% (358)	12.6% (2,577)
Haemorrhoids & other anorectal concerns	3.0% (55)	2.7% (99)	2.5% (75)	2.5% (512)
Other anorectal concerns	1.5% (27)	1.3% (49)	1.1% (34)	1.2% (243)
Haemorrhoids	1.3% (25)	1.3% (46)	1.1% (33)	1.2% (237)
Anal fissure	0.3% (6)	0.3% (11)	0.5% (15)	0.3% (69)
Gastroenteritis, diarrhoea & vomiting	2.7% (50)	2.6% (94)	2.3% (68)	3.5% (711)
Gastroenteritis	1.5% (28)	1.2% (42)	1.2% (37)	1.8% (364)
Other diarrhoea/vomiting	1.2% (22)	1.4% (52)	1.0% (31)	1.7% (347)
Abdominal pain & bloating	2.4% (44)	2.9% (104)	2.9% (86)	2.9% (599)
Reflux & indigestion	2.2% (40)	2.5% (92)	2.7% (82)	2.7% (542)
Constipation	1.2% (23)	1.3% (48)	1.9% (56)	1.3% (273)
Other digestive concerns	0.9% (16)	1.0% (36)	1.3% (38)	1.2% (237)
Hernias	0.5% (10)	0.6% (21)	0.6% (17)	0.6% (121)
IBS	0.2% (4)	0.3% (11)	0.5% (14)	0.4% (77)
Inflammatory bowel disease	0.2% (3)	0.1% (5)	0.1% (4)	0.1% (17)
Crohn's disease	0.1% (1)	0.1% (2)	0.1% (2)	0.0% (5)
Ulcerative colitis	0.1% (1)	0.0% (1)	0.0% (1)	0.0% (7)
Other/unspecified IBD	0.1% (1)	0.1% (2)	0.0% (1)	0.0% (5)

Topic definitions

Digestion & gut: Digestive symptoms and conditions, including bowel and anorectal concerns.

Haemorrhoids & other anorectal concerns: Haemorrhoids, anal fissures and other anorectal symptoms or concerns.

Other anorectal concerns: Other anorectal symptoms or concerns, such as rectal bleeding.

Haemorrhoids: Haemorrhoids specifically discussed or assessed.

Anal fissure: Anal fissure specifically discussed or assessed.

Gastroenteritis, diarrhoea & vomiting: Gastroenteritis, diarrhoea and vomiting concerns.

Gastroenteritis: Gastroenteritis specifically discussed or assessed.

Other diarrhoea/vomiting: Other diarrhoea or vomiting concerns.

Abdominal pain & bloating: Abdominal pain or bloating discussed or assessed.

Reflux & indigestion: Acid reflux, heartburn or indigestion discussed or assessed.

Constipation: Constipation discussed or assessed.

Other digestive concerns: Other digestive symptoms or conditions.

Hernias: Hernia concerns assessed or reviewed.

IBS: Irritable bowel syndrome (IBS) specifically discussed or assessed.

Inflammatory bowel disease: Crohn's disease, ulcerative colitis and other inflammatory bowel disease concerns.

Crohn's disease: Crohn's disease specifically discussed or assessed.

Ulcerative colitis: Ulcerative colitis specifically discussed or assessed.

Other/unspecified IBD: Other or unspecified inflammatory bowel disease (IBD) concerns.

Muscles, bones & joints

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Muscles, bones & joints	10.7% (198)	11.4% (413)	11.3% (340)	11.9% (2,440)
Injuries & soft-tissue concerns	3.3% (61)	3.4% (124)	3.1% (92)	3.9% (801)
Joint & limb pain	2.6% (48)	2.8% (100)	2.6% (79)	2.7% (559)
Back pain & sciatica	2.3% (42)	2.3% (85)	2.6% (77)	2.6% (531)
Back pain without specified sciatica	2.1% (39)	1.9% (69)	2.2% (66)	2.1% (421)
Sciatica	0.2% (3)	0.4% (16)	0.4% (11)	0.5% (112)
Other musculoskeletal concerns	1.8% (34)	2.0% (71)	1.7% (51)	2.0% (419)
Neck pain	0.8% (15)	1.0% (38)	1.0% (30)	1.0% (199)
Gout	0.4% (7)	0.3% (11)	0.6% (17)	0.4% (75)
Arthritis	0.2% (3)	0.2% (9)	0.3% (8)	0.3% (61)
Osteoarthritis	0.1% (2)	0.1% (3)	0.1% (4)	0.1% (25)
Other/unspecified arthritis	0.1% (1)	0.1% (2)	0.1% (2)	0.0% (9)
Inflammatory arthritis	0.0% (0)	0.1% (4)	0.1% (2)	0.1% (27)

Topic definitions

Muscles, bones & joints: Back, neck, joint, muscle and limb concerns, including injuries and arthritis.

Injuries & soft-tissue concerns: Injuries or soft-tissue concerns, such as sprains and strains.

Joint & limb pain: Joint or limb pain discussed or assessed.

Back pain & sciatica: Back pain and sciatica concerns assessed at the appointment.

Back pain without specified sciatica: Back pain assessed without specifically recorded sciatica.

Sciatica: Sciatica specifically discussed or assessed.

Other musculoskeletal concerns: Other muscle, bone or joint concerns.

Neck pain: Neck pain discussed or assessed.

Gout: Gout specifically discussed or assessed.

Arthritis: Osteoarthritis, inflammatory arthritis and other arthritis concerns.

Osteoarthritis: Osteoarthritis specifically discussed or assessed.

Other/unspecified arthritis: Other or unspecified arthritis concerns.

Inflammatory arthritis: Inflammatory arthritis specifically discussed or assessed.

Women's & gynaecological health

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Women's & gynaecological health	7.2% (133)	7.3% (266)	8.3% (251)	7.3% (1,491)
Vaginal & vulval concerns	2.1% (39)	2.2% (81)	2.6% (79)	2.0% (412)
Other vaginal/vulval concerns	1.2% (23)	1.3% (49)	1.3% (38)	1.2% (255)
Thrush	0.8% (14)	0.8% (30)	1.3% (38)	0.7% (140)
Bacterial vaginosis	0.2% (4)	0.2% (8)	0.2% (6)	0.2% (37)
Period & bleeding concerns	2.0% (37)	1.8% (65)	2.0% (60)	2.0% (399)
Other bleeding concerns	0.8% (15)	0.7% (25)	0.8% (23)	0.7% (150)
Heavy bleeding	0.5% (10)	0.6% (20)	0.6% (19)	0.7% (134)
Irregular/absent periods	0.5% (10)	0.5% (17)	0.7% (22)	0.5% (111)
Painful periods	0.2% (4)	0.2% (9)	0.3% (9)	0.4% (82)
Other pelvic & gynaecological concerns	1.0% (19)	1.0% (38)	0.6% (18)	1.1% (219)
Breast concerns	0.8% (14)	0.9% (31)	0.9% (27)	0.9% (183)
Other breast concerns	0.4% (8)	0.5% (17)	0.5% (16)	0.5% (93)
Breast lump	0.3% (6)	0.4% (14)	0.4% (11)	0.5% (94)
Pregnancy & postnatal concerns	0.7% (13)	0.7% (24)	1.0% (30)	0.8% (163)
Menopause & perimenopause	0.5% (10)	0.7% (24)	0.7% (22)	0.6% (130)
Fertility	0.5% (9)	0.6% (21)	0.4% (12)	0.3% (71)
Contraception	0.4% (8)	0.4% (14)	0.7% (20)	0.6% (114)
Endometriosis	0.1% (2)	0.1% (5)	0.2% (5)	0.2% (33)
PCOS	0.1% (2)	0.2% (8)	0.5% (15)	0.3% (65)

Topic definitions

Women's & gynaecological health: Menstrual, menopause, contraceptive, pregnancy, fertility, breast and gynaecological concerns.

Vaginal & vulval concerns: Vaginal or vulval concerns, including thrush and bacterial vaginosis.

Other vaginal/vulval concerns: Other vaginal or vulval symptoms and concerns.

Thrush: Vaginal or vulval thrush specifically discussed or assessed.

Bacterial vaginosis: Bacterial vaginosis specifically discussed or assessed.

Period & bleeding concerns: Heavy, painful, irregular or absent periods and other menstrual bleeding concerns.

Other bleeding concerns: Other menstrual bleeding concerns.

Heavy bleeding: Heavy menstrual bleeding specifically discussed or assessed.

Irregular/absent periods: Irregular or absent periods specifically discussed or assessed.

Painful periods: Painful periods specifically discussed or assessed.

Other pelvic & gynaecological concerns: Other pelvic or gynaecological concerns.

Breast concerns: Breast lumps, pain and other breast concerns assessed at the appointment.

Other breast concerns: Other breast symptoms or concerns, such as breast pain.

Breast lump: A breast lump specifically discussed or assessed. This category does not establish a cancer diagnosis.

Pregnancy & postnatal concerns: Pregnancy-related or postnatal concerns addressed at the appointment.

Menopause & perimenopause: Menopause or perimenopause symptoms, treatment or review.

Fertility: Fertility concerns discussed or assessed.

Contraception: Contraceptive advice, prescribing or review.

Endometriosis: Endometriosis specifically discussed or assessed.

PCOS: Polycystic ovary syndrome (PCOS) specifically discussed or assessed.

Headaches & neurological

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Headaches & neurological	6.6% (122)	7.2% (263)	6.6% (199)	6.8% (1,385)
Dizziness & balance concerns	2.5% (47)	2.7% (99)	2.2% (66)	2.5% (510)
Other dizziness	1.7% (32)	1.8% (67)	1.6% (48)	1.7% (338)
Vertigo/balance disorder	0.8% (15)	0.9% (32)	0.6% (18)	0.8% (172)
Other headaches	1.8% (34)	2.1% (75)	1.6% (49)	1.8% (371)
Numbness, tingling & nerve concerns	1.3% (24)	1.5% (53)	1.4% (42)	1.5% (302)
Other neurological concerns	0.9% (17)	1.0% (38)	1.3% (39)	1.1% (218)
Migraine	0.6% (12)	0.7% (24)	0.9% (28)	0.8% (161)

Topic definitions

Headaches & neurological: Headache, migraine, dizziness, balance, nerve and other neurological concerns.

Dizziness & balance concerns: Vertigo, balance disorders and other dizziness concerns.

Other dizziness: Other dizziness concerns.

Vertigo/balance disorder: Vertigo or a balance disorder specifically discussed or assessed.

Other headaches: Other headache concerns.

Numbness, tingling & nerve concerns: Numbness, tingling or nerve-related concerns discussed or assessed.

Other neurological concerns: Other neurological concerns without a more specific recorded category.

Migraine: Migraine specifically discussed or assessed.

Heart, blood pressure & circulation

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Heart, blood pressure & circulation	6.5% (120)	6.5% (237)	6.6% (198)	7.0% (1,440)
High blood pressure	2.2% (41)	2.2% (79)	2.5% (74)	2.6% (541)
Chest pain	1.7% (32)	1.9% (68)	1.4% (42)	1.7% (341)
Palpitations & rhythm concerns	1.6% (29)	1.5% (56)	1.3% (38)	1.7% (346)
Palpitations without named diagnosis	1.3% (25)	1.3% (49)	1.1% (32)	1.5% (303)
Known rhythm conditions	0.2% (4)	0.2% (7)	0.2% (6)	0.2% (43)
Cholesterol	1.2% (23)	1.0% (36)	1.0% (31)	1.2% (251)
Circulation & leg swelling	0.5% (9)	0.7% (25)	0.9% (26)	0.7% (148)
Other heart conditions	0.1% (2)	0.2% (9)	0.2% (7)	0.3% (55)

Topic definitions

Heart, blood pressure & circulation: Heart, rhythm, blood pressure, cholesterol and circulation concerns.

High blood pressure: High blood pressure assessment, treatment or review.

Chest pain: Chest pain discussed or assessed. This category does not establish a heart disease diagnosis.

Palpitations & rhythm concerns: Palpitations and known heart rhythm conditions assessed at the appointment.

Palpitations without named diagnosis: Palpitations assessed without a named heart rhythm diagnosis recorded for that concern.

Known rhythm conditions: Known heart rhythm conditions discussed or reviewed.

Cholesterol: Cholesterol-related assessment, treatment or review.

Circulation & leg swelling: Circulation concerns or leg swelling discussed or assessed.

Other heart conditions: Other heart conditions discussed or assessed.

Tiredness & general symptoms

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Tiredness & general symptoms	6.1% (113)	5.8% (212)	5.4% (162)	6.4% (1,304)
Fatigue & tiredness	3.3% (61)	3.2% (118)	2.6% (79)	3.2% (646)
Lymph nodes & unexplained lumps	1.1% (20)	1.1% (40)	1.5% (44)	1.6% (320)
Other general symptoms	1.0% (19)	1.1% (39)	0.9% (28)	1.0% (209)
Vitamin & mineral deficiencies	0.6% (11)	0.5% (19)	0.5% (14)	0.4% (85)
Iron deficiency without anaemia	0.3% (5)	0.2% (9)	0.3% (8)	0.2% (35)
Vitamin D	0.2% (4)	0.2% (7)	0.1% (4)	0.2% (34)
Other deficiencies	0.2% (3)	0.1% (4)	0.1% (2)	0.0% (10)
B12/folate	0.1% (1)	0.0% (1)	0.1% (3)	0.1% (13)
Fever & systemic illness	0.4% (7)	0.4% (13)	0.2% (6)	0.4% (87)
Anaemia	0.1% (2)	0.2% (8)	0.2% (7)	0.3% (71)
Iron-deficiency anaemia	0.1% (1)	0.1% (4)	0.1% (3)	0.1% (25)
Other anaemia	0.1% (1)	0.1% (4)	0.1% (4)	0.2% (46)

Topic definitions

Tiredness & general symptoms: Fatigue, anaemia, deficiency, fever and other general or unexplained symptoms.

Fatigue & tiredness: Fatigue or tiredness assessed without a more specific recorded cause.

Lymph nodes & unexplained lumps: Lymph nodes or unexplained lumps discussed or assessed.

Other general symptoms: Other general symptoms without a more specific recorded category.

Vitamin & mineral deficiencies: Iron, vitamin B12, folate, vitamin D and other vitamin or mineral deficiency concerns.

Iron deficiency without anaemia: Iron deficiency without anaemia specifically discussed or assessed.

Vitamin D: Vitamin D deficiency concerns discussed or assessed.

Other deficiencies: Other vitamin or mineral deficiency concerns.

B12/folate: Vitamin B12 or folate deficiency concerns discussed or assessed.

Fever & systemic illness: Fever or systemic illness concerns discussed or assessed.

Anaemia: Iron-deficiency anaemia and other anaemia concerns.

Iron-deficiency anaemia: Iron-deficiency anaemia specifically discussed or assessed.

Other anaemia: Other anaemia concerns.

Urinary & kidney

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Urinary & kidney	5.8% (108)	5.8% (210)	7.3% (220)	5.6% (1,147)
Urinary tract infections	3.2% (59)	3.4% (122)	5.0% (149)	3.3% (676)
Lower UTI/cystitis	2.4% (45)	2.5% (92)	3.9% (117)	2.5% (506)
Other/unspecified UTI	0.4% (8)	0.5% (18)	0.7% (20)	0.5% (101)
Kidney infection	0.3% (6)	0.3% (12)	0.4% (12)	0.3% (70)
Other urinary symptoms	2.3% (43)	2.1% (77)	2.0% (61)	1.8% (376)
Other kidney concerns	0.2% (4)	0.2% (6)	0.3% (10)	0.4% (74)
Kidney stones	0.1% (2)	0.2% (9)	0.3% (8)	0.3% (56)
Chronic kidney disease	0.1% (1)	0.1% (2)	0.1% (3)	0.0% (8)

Topic definitions

Urinary & kidney: Urinary symptoms, urinary tract infections and kidney concerns.

Urinary tract infections: Lower urinary tract infections, kidney infections and other urinary tract infection concerns, including suspected infections.

Lower UTI/cystitis: Lower urinary tract infection or cystitis concerns, including suspected infection.

Other/unspecified UTI: Other or unspecified urinary tract infection concerns.

Kidney infection: Kidney infection specifically discussed or assessed, including suspected infection.

Other urinary symptoms: Other urinary symptoms without a more specific recorded category.

Other kidney concerns: Other kidney-related symptoms or concerns.

Kidney stones: Kidney stones specifically discussed or assessed.

Chronic kidney disease: Chronic kidney disease specifically discussed or reviewed.

Sexual health

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Sexual health	4.9% (91)	4.7% (172)	5.6% (168)	4.5% (920)
STI symptoms or exposure	2.2% (41)	2.5% (91)	2.8% (84)	2.3% (466)
Sexual health testing	1.5% (27)	1.3% (47)	1.5% (46)	1.3% (274)
Diagnosed or specifically suspected STIs	1.2% (23)	1.0% (37)	1.5% (44)	1.1% (226)
Genital herpes	0.6% (11)	0.4% (16)	0.8% (23)	0.5% (105)
Genital warts	0.3% (6)	0.3% (11)	0.3% (9)	0.3% (55)
Gonorrhoea	0.2% (3)	0.1% (4)	0.1% (3)	0.1% (18)
Syphilis	0.1% (2)	0.1% (2)	0.0% (1)	0.1% (11)
Chlamydia	0.1% (1)	0.1% (2)	0.0% (1)	0.1% (12)
Other STIs	0.1% (1)	0.1% (3)	0.2% (7)	0.1% (30)
PrEP & PEP	0.2% (3)	0.1% (4)	0.0% (1)	0.1% (14)
PEP	0.1% (2)	0.1% (3)	0.0% (1)	0.0% (8)
PrEP	0.1% (1)	0.0% (1)	0.0% (0)	0.0% (7)
Other sexual health concerns	0.1% (2)	0.1% (3)	0.1% (3)	0.1% (19)
HIV-related concerns	0.1% (1)	0.0% (1)	0.1% (2)	0.1% (11)

Topic definitions

Sexual health: Sexual health symptoms, exposure, infections, testing and HIV prevention or care.

STI symptoms or exposure: Symptoms or exposure concerns relating to sexually transmitted infections (STIs).

Sexual health testing: Sexual health testing relating to a clinical concern or exposure.

Diagnosed or specifically suspected STIs: Named sexually transmitted infections diagnosed or specifically suspected and addressed. Counts include suspected infections.

Genital herpes: Genital herpes specifically discussed or assessed, including suspected infection.

Genital warts: Genital warts specifically discussed or assessed.

Gonorrhoea: Gonorrhoea diagnosed or specifically suspected and addressed at the appointment.

Syphilis: Syphilis diagnosed or specifically suspected and addressed at the appointment.

Chlamydia: Chlamydia diagnosed or specifically suspected and addressed at the appointment.

Other STIs: Other named sexually transmitted infections diagnosed or specifically suspected.

PrEP & PEP: HIV pre-exposure prophylaxis (PrEP) and post-exposure prophylaxis (PEP) concerns within qualifying appointments.

PEP: HIV post-exposure prophylaxis (PEP) concerns within qualifying appointments.

PrEP: HIV pre-exposure prophylaxis (PrEP) concerns within qualifying appointments.

Other sexual health concerns: Other sexual health concerns without a more specific recorded category.

HIV-related concerns: HIV-related concerns, including assessment, treatment and review.

Men's & urogenital health

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Men's & urogenital health	4.2% (78)	4.2% (152)	4.6% (138)	3.8% (768)
Testicular & scrotal concerns	1.8% (34)	1.7% (63)	1.9% (56)	1.6% (317)
Penile concerns	1.6% (29)	1.7% (63)	1.7% (51)	1.5% (312)
Other penile concerns	0.9% (17)	1.0% (35)	0.8% (23)	0.8% (155)
Balanitis	0.6% (12)	0.8% (30)	1.0% (31)	0.8% (162)
Prostate concerns	0.5% (10)	0.4% (16)	0.6% (18)	0.4% (77)
Other prostate concerns	0.4% (7)	0.2% (8)	0.3% (8)	0.1% (28)
Prostatitis	0.2% (3)	0.2% (8)	0.3% (10)	0.2% (50)
Erectile dysfunction	0.2% (4)	0.3% (10)	0.2% (5)	0.3% (63)
Other men's health concerns	0.2% (4)	0.2% (8)	0.3% (10)	0.2% (43)

Topic definitions

Men's & urogenital health: Erectile, prostate, testicular, scrotal and penile concerns.

Testicular & scrotal concerns: Testicular or scrotal symptoms and concerns.

Penile concerns: Balanitis and other penile symptoms or concerns.

Other penile concerns: Other penile symptoms or concerns.

Balanitis: Balanitis specifically discussed or assessed.

Prostate concerns: Prostatitis and other prostate-related symptoms or concerns.

Other prostate concerns: Other prostate-related symptoms or concerns.

Prostatitis: Prostatitis specifically discussed or assessed.

Erectile dysfunction: Erectile dysfunction specifically discussed or assessed.

Other men's health concerns: Other men's health concerns without a more specific recorded category.

Lung & breathing

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Lung & breathing	4.1% (77)	4.3% (158)	4.9% (148)	4.3% (887)
Asthma	2.4% (44)	2.5% (91)	2.9% (88)	2.1% (436)
Breathlessness & other lung concerns	1.1% (20)	1.0% (38)	1.5% (44)	1.4% (289)
Unexplained breathlessness	0.8% (14)	0.7% (27)	0.8% (25)	1.0% (196)
Other lung conditions	0.3% (6)	0.3% (12)	0.6% (19)	0.5% (96)
Persistent cough	0.7% (13)	0.7% (24)	0.8% (25)	0.9% (181)
COPD	0.1% (1)	0.2% (6)	0.0% (0)	0.1% (17)

Topic definitions

Lung & breathing: Asthma, COPD, persistent cough, breathlessness and other lung or breathing concerns.

Asthma: Asthma assessment, flare-ups or substantive reviews.

Breathlessness & other lung concerns: Unexplained breathlessness and other lung conditions or concerns.

Unexplained breathlessness: Breathlessness assessed without an established cause recorded for that concern.

Other lung conditions: Other lung conditions or respiratory concerns.

Persistent cough: Persistent or chronic cough assessed without a more specific recorded cause.

COPD: Chronic obstructive pulmonary disease (COPD) discussed or reviewed.

Hair & nails

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Hair & nails	2.7% (50)	2.5% (92)	1.5% (44)	1.8% (362)
Nail infections	1.3% (24)	1.3% (46)	0.6% (17)	1.0% (207)
Nail-fold infection	0.9% (16)	0.8% (28)	0.4% (11)	0.6% (125)
Fungal nail infection	0.4% (7)	0.5% (17)	0.2% (5)	0.4% (75)
Other nail infection	0.1% (2)	0.1% (3)	0.0% (1)	0.1% (11)
Hair loss	1.2% (22)	1.0% (38)	0.7% (22)	0.5% (110)
Other nail concerns	0.3% (5)	0.3% (11)	0.2% (5)	0.3% (52)
Other hair concerns	0.0% (0)	0.0% (0)	0.0% (0)	0.0% (6)

Topic definitions

Hair & nails: Hair loss, other hair concerns, nail infections and other nail problems.

Nail infections: Fungal nail infections, nail-fold infections and other nail infections.

Nail-fold infection: Infection around a nail fold specifically discussed or assessed.

Fungal nail infection: Fungal nail infection specifically discussed or assessed.

Other nail infection: Other nail infection concerns.

Hair loss: Hair loss specifically discussed or assessed.

Other nail concerns: Other nail symptoms or concerns.

Other hair concerns: Other hair-related symptoms or concerns.

Eye & vision

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Eye & vision	2.3% (42)	2.4% (89)	2.4% (71)	2.8% (579)
Eyelid concerns	1.0% (19)	1.0% (38)	0.8% (24)	1.2% (241)
Stye/chalazion	0.6% (11)	0.7% (24)	0.4% (12)	0.7% (134)
Blepharitis	0.3% (5)	0.2% (7)	0.3% (8)	0.2% (39)
Other eyelid concerns	0.2% (3)	0.2% (8)	0.2% (7)	0.4% (79)
Other eye & vision concerns	1.0% (18)	1.2% (42)	1.0% (29)	1.2% (238)
Conjunctivitis	0.3% (6)	0.3% (10)	0.6% (19)	0.6% (123)

Topic definitions

Eye & vision: Eye, eyelid and vision concerns.

Eyelid concerns: Styes, chalazia, blepharitis and other eyelid concerns.

Stye/chalazion: A stye or chalazion specifically discussed or assessed.

Blepharitis: Blepharitis specifically discussed or assessed.

Other eyelid concerns: Other eyelid symptoms or concerns.

Other eye & vision concerns: Other eye symptoms, vision changes or eye conditions.

Conjunctivitis: Conjunctivitis specifically discussed or assessed.

Mouth & dental

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Mouth & dental	1.7% (31)	1.6% (57)	1.5% (44)	1.6% (323)
Other mouth concerns	1.2% (23)	1.2% (42)	1.1% (33)	1.3% (259)
Mouth ulcers	0.6% (12)	0.5% (17)	0.4% (11)	0.4% (75)
Other mouth concerns	0.5% (9)	0.4% (15)	0.4% (13)	0.6% (130)
Oral thrush	0.1% (2)	0.3% (11)	0.4% (12)	0.3% (63)
Dental concerns	0.5% (10)	0.5% (17)	0.4% (11)	0.4% (73)

Topic definitions

Mouth & dental: Tooth, gum and other mouth concerns.

Other mouth concerns: Oral thrush, mouth ulcers and other mouth concerns.

Mouth ulcers: Mouth ulcers specifically discussed or assessed.

Other mouth concerns: Other mouth symptoms or concerns.

Oral thrush: Oral thrush specifically discussed or assessed.

Dental concerns: Tooth or gum concerns, including pain or dental infection.

Hormones, diabetes & thyroid

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Hormones, diabetes & thyroid	1.5% (27)	1.5% (56)	1.5% (44)	1.3% (267)
Thyroid conditions	0.8% (15)	0.6% (23)	0.6% (19)	0.6% (117)
Underactive thyroid	0.5% (9)	0.3% (11)	0.1% (3)	0.2% (39)
Other thyroid concerns	0.3% (6)	0.3% (12)	0.5% (14)	0.3% (68)
Overactive thyroid	0.0% (0)	0.0% (0)	0.1% (2)	0.0% (10)
Other hormonal concerns	0.3% (6)	0.4% (14)	0.3% (8)	0.3% (60)
Diabetes	0.2% (4)	0.4% (15)	0.5% (15)	0.4% (75)
Type 1 diabetes	0.1% (2)	0.1% (2)	0.1% (2)	0.1% (20)
Other/unspecified diabetes	0.1% (2)	0.2% (8)	0.3% (8)	0.1% (28)
Type 2 diabetes	0.0% (0)	0.1% (5)	0.2% (5)	0.1% (27)
Prediabetes	0.1% (2)	0.1% (4)	0.1% (3)	0.1% (20)

Topic definitions

Hormones, diabetes & thyroid: Diabetes, prediabetes, thyroid and other hormonal concerns.

Thyroid conditions: Underactive thyroid, overactive thyroid and other thyroid concerns.

Underactive thyroid: Underactive thyroid specifically discussed or assessed.

Other thyroid concerns: Other thyroid-related concerns.

Overactive thyroid: Overactive thyroid specifically discussed or assessed.

Other hormonal concerns: Other hormonal concerns discussed or assessed.

Diabetes: Type 1, type 2 and other diabetes concerns.

Type 1 diabetes: Type 1 diabetes assessment, treatment or review.

Other/unspecified diabetes: Other or unspecified diabetes concerns.

Type 2 diabetes: Type 2 diabetes assessment, treatment or review.

Prediabetes: Prediabetes specifically discussed or assessed.

Allergies

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Allergies	1.3% (24)	1.5% (56)	1.6% (48)	2.1% (425)
Hives & allergic reactions	0.5% (9)	0.6% (23)	0.5% (14)	0.6% (132)
Hives/urticaria	0.4% (8)	0.5% (18)	0.3% (8)	0.5% (99)
Other allergic reactions	0.1% (1)	0.1% (5)	0.2% (6)	0.2% (33)
Other allergic rhinitis	0.2% (4)	0.2% (6)	0.1% (3)	0.2% (40)
Other allergy concerns	0.2% (4)	0.2% (7)	0.4% (11)	0.1% (29)
Food allergy	0.2% (3)	0.2% (7)	0.1% (3)	0.2% (50)
Drug allergy	0.2% (3)	0.2% (8)	0.4% (13)	0.3% (54)
Hay fever	0.1% (1)	0.2% (6)	0.1% (4)	0.7% (139)

Topic definitions

Allergies: Allergy-related concerns, including hay fever, food or medicine allergies and allergic reactions.

Hives & allergic reactions: Hives, urticaria and other allergic reactions discussed or assessed.

Hives/urticaria: Hives or urticaria discussed or assessed. This category does not establish an allergic cause.

Other allergic reactions: Other allergic reactions discussed or assessed.

Other allergic rhinitis: Other allergic rhinitis, including year-round or unspecified allergic rhinitis.

Other allergy concerns: Other allergy concerns and allergy-related questions addressed at the appointment.

Food allergy: Food allergy concerns assessed or managed, including suspected allergy.

Drug allergy: Suspected or established allergic reactions to medicines.

Hay fever: Hay fever or pollen-related allergic rhinitis addressed at the appointment.

Wound care

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Wound care	1.0% (19)	1.0% (36)	1.4% (43)	1.4% (294)
Other wound concerns	0.4% (8)	0.3% (12)	0.3% (10)	0.4% (77)
Wound management	0.2% (4)	0.3% (12)	0.5% (15)	0.5% (109)
Wound infection	0.2% (4)	0.2% (7)	0.4% (12)	0.4% (79)
Burns	0.2% (3)	0.1% (5)	0.2% (7)	0.2% (35)

Topic definitions

Wound care: Wound assessment and care, including burns and wound infections.

Other wound concerns: Other wound concerns addressed at the appointment.

Wound management: Wound care, including dressings, stitches and postoperative wound reviews.

Wound infection: Wound infection specifically discussed or assessed.

Burns: Burn assessment or care.

Other

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Other	0.8% (15)	1.1% (41)	1.1% (33)	1.2% (239)
Other specified concerns	0.8% (15)	1.1% (41)	1.1% (33)	1.2% (239)

Topic definitions

Other: Clinical concerns outside the other reporting groups.

Other specified concerns: Other specifically assessed clinical concerns outside the defined topics.

Weight management

October 2026: 1,859 appointments. September 2026–October 2026: 3,636; September 2025–October 2025: 3,010. November 2025–October 2026: 20,442.

Topic	Month	Season	Prior season	12 months
Weight management	0.5% (10)	0.7% (26)	0.4% (12)	0.6% (118)
Obesity & weight-loss care	0.5% (10)	0.6% (21)	0.3% (9)	0.4% (86)
Other weight-management concerns	0.0% (0)	0.1% (5)	0.1% (3)	0.2% (32)

Topic definitions

Weight management: Weight-related assessment, weight-loss care and weight-management reviews.

Obesity & weight-loss care: Obesity or weight-loss assessment, treatment and review.

Other weight-management concerns: Other weight-management concerns.